



# NORTHERN PASSENGER TRANSPORT NETWORK VOLUNTEER NEWSLETTER

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## Management News



It has been announced by Hon Zoe Bettison MP, Minister for Communities and Social Inclusion that Community Passenger Networks will continue until 1st July 2020.

## Drive Safe

It's the silly season and everyone is in a rush. The kangaroos are plentiful, impatient drivers, hot weather and driver fatigue are factors to consider when driving this time of year.

Please leave plenty of time to get to your destination and allow time for those that must have rest stops.

Try and avoid early morning or late afternoon drives to elude those feeding kangaroo's on the side of the road.

To help with driver fatigue, be aware of keeping the vents in your vehicle open allowing fresh air to enter. Drink plenty of fluids, have the radio on. Eat well balance meals. Take time to stop and walk around for awhile to improve concentration.

Avoid lollies, sugary drinks and fatty foods these will give you an artificial feeling of alertness, but this can change very quickly and give you the reverse reaction by making you sleepy.

Drive safe and arrive safe .

## Taking Medication

Have you checked with your doctor about the possible effects on your driving ability with the medication you are taking?

More than 80% of people 60 and over are prescribed one or more medications. Many people are unaware that both prescribed and over-the counter medication may effect your driving skills and level of alertness.



Read all labels and instructions including medication taken for the common cold and consult your Doctor or Pharmacist before commencing any medication.

## Farewell Garry Thompson



Garry was a true gentleman in every sense of the word. Garry remained dedicated to Northern Passenger and clients he drove. He showed a passion for the community of Quorn and

understanding the need for transport in regional SA for those who had no means of attending appointments in Adelaide.

Garry joined Northern Passenger as a Volunteer Driver in 2001, and became a Committee Member representing the Flinders Ranges Council in 2002, and was elected Chairperson of the Management Committee in 2010 and served four years. In 2016 Garry was awarded 15 years certificate as a volunteer driver.

To his wife Jen and daughter Liz our condolences.

## Volunteers Meeting

No Volunteer Meetings to be held  
in

December and January

Meetings will restart in February  
2018 and dates publish in  
the

January Newsletter



## Lyn's Christmas Message



*It's been another very busy year with A big thank you to everyone for all their time, efforts and endurance in answering the constant calls for those needing transport.*

*You are a professional group of outstanding people who are willing to make themselves available to members of our communities who have no other means of transport.*

*Words of thanks is often passed on to the office staff through, cards, letters, emails and phone calls, telling us what a valuable service you provide. Many comments are received as to how important this service is to those who cannot drive, have no family or have limited licences, so people can get to their much needed appointments.*

*Your hard work and dedication to the community is noticed by our participating Councils, other Government Agencies, the clients, health professionals, community workers, family members who live too far away and can't drive their families and other volunteer organisations. It has been an absolute pleasure working with this remarkable group of individuals.*

*The Committee Members, Councillors and Staff of Northern Passenger Transport Network would like to wish all Volunteers a Merry Christmas.*

*To my staff, I am joined by the volunteers and clients who shout your praises for your professionalism you have shown when dealing with peoples transport requests. It's been a pleasure to share the uncertainties and knowing the future of Northern Passenger Transport Network is looking good for the next few years.*

*Christmas Greetings to you and your families  
thank you*

*Lyn*

## Figurers for November 2017

**Car Bookings Only**

**256client + 102carers Total Outputs 358**

**Volunteer Hrs: 406.04**

**Kilometres 19,716**

**Bus Bookings Taken**

**Medical Bus 74+ 20carers Total 94**

**Social 154**

## Supporting Bodies

