District Council of Mount Remarkable

PO Box 94 Melrose SA 5483
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May 2012

Newsletter # 148

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FIREY WOMEN WORKSHOPS

The SA Country Fire Service has been funded by Emergency Management Australia in conjunction with Rural Solutions SA to deliver a series of fire safety workshops to rural South Australian women.

These award winning workshops provide women with a safe non-threatening setting to learn new skills to protect their families and livelihoods. The workshops cover both information and practical sessions over two days.

The "Firey Women" program is an outcome of the findings from the 2005 Eyre Peninsula fires. Of the nine people who died in the Wangary fires, seven were women and children. Of these seven people, six died in or near their cars, whilst trying to flee.

Research showed that women specifically required bushfire safety information and education as on fire days a significant number of household members with fire fighting skills, generally men, are away from home on CFS duties, and women are left to defend the property with little or no knowledge of fire fighting equipment.

The "Firey Women" program covers all aspects of fire safety in the event of a bushfire through workshops that incorporate both information and practical skills

Workshop topics include:

- Preparing yourself emotionally
- Understanding the new bushfire danger ratings and warnings
- Deciding when to "leave early" or "stay and defend"
- Preparing a Bushfire Survival Plan
- Identifying hazards around the home
- Operating pumps and fire fighting equipment
- Bushfire Behaviour
- Preventing Injury

Both Workshops run for 2 days each, starting at 9am and finishing at 3pm each day and will be held in Melrose - 21st and 23rd May at the Melrose Institute.
Port Germein - 16th and 17th June at the Port Germein Hall **(please note the new date)**

Should you wish to attend please call the District Council of Mount Remarkable to secure a spot as they are limited.

FREE E-WASTE DROP-OFF

Zero Waste SA is holding free regional e-waste drop-offs for householders from the 1st to 31st May 2012. Unwanted computers and electrical equipment (including TVs) can be dropped off for recycling at the locations listed below, ***free of charge***.

Your e-waste can then be recycled into many components, instead of going into landfill.

- Port Augusta - Transpacific Resource Recovery Centre, Footner Road.
  Open Monday to Friday 8.30 am - 4.00 pm; Saturday 8.00 am - 2.00 pm;
  Sunday 12.00 noon - 4.00 pm
  Phone: 8643 6975

- Port Pirie - Port Pirie Landfill Site, Lot 502 Three Chain Road.
  Open Monday to Friday 8.30 am - 12.00 noon and 1.00 pm - 4.00 pm;
  Saturday & Sunday 8.30 am - 11.30 am
  Phone: 8633 9777

For other drop-off points in South Australia, visit www.zerowaste.sa.gov.au, or ring Zero Waste SA on 1300 137 118

What you ***CANNOT*** drop-off:
Printer and toner cartridges, whitegoods, vacuum cleaners, microwaves, other kitchen and household appliances, UPS units, overhead projectors, TVs/monitors that have been removed from their cases or are cracked, batteries that are not an integral part of the computer system, fluorescent tubes, contaminated equipment or other hazardous waste.

Council Contact Details

Council Office: Tel: (08) 8666 2014
1300 726 252
Fax: (08) 8666 2169
Email: postmaster@mtr.sa.gov.au
Web: www.mtr.sa.gov.au

Postal Address: PO Box 94
Melrose SA 5483

Street Address: 5 Stuart Street, Melrose

Office Hours: 8.30 am to 5.30 pm Monday to Friday

Chief Executive Officer:	Mr Sean Cheriton	
	Mob:	0427 663 333
	Tel:	(08) 8667 2457 (A/H)
	Email:	ceo@mtr.sa.gov.au
Deputy Chief Executive Officer:	Mr Wayne Hart	
	Mob:	0488 090 216
	Email:	dceo@mtr.sa.gov.au
Manager Works & Technical Services:	Mr Brenton Pearce	
	Mob:	0427 605 802
	Tel:	(08) 8666 2229 (A/H)
	Email:	mwts@mtr.sa.gov.au
Deputy Works Manager:	Mr Peter Lock	
	Mob:	0448 655 975
	Email:	dwm@mtr.sa.gov.au
Manager Community & Economic Development:	Ms Muriel Scholz	
	Mob:	0458 696 337
	Tel:	(08) 8663 2484 (A/H)
	Email:	cedo@mtr.sa.gov.au
Manager Passenger Transport:	Mrs Lyn Forster	
	Mob:	0448 655 696
	Tel:	(08) 8666 2179 (A/H)
	Email:	lyn@mtr.sa.gov.au
Development Officer:	Mr Ron Ashenden	
	Mob:	0458 513 623
	Tel:	(08) 8651 2346 (A/H)
	DevelopmentOfficer@mtr.sa.gov.au	
Environmental Health & Compliance Officer:	Mr Mark Smith	
	Mob:	0427 486 130
	Email:	ehco@mtr.sa.gov.au

Councillors

Mayor: Cr Sandra Wauchope (Coastal Ward)
Tel: (08) 8634 5279
Fax: (08) 8634 5279
Email: sgwauchope@mtr.sa.gov.au

Deputy Chairman: Cr Ray Walker (Ranges Ward)
Tel: (08) 8666 2164
Fax: (08) 8666 2115
Email: rewalker@mtr.sa.gov.au

Other Elected Members:

Cr Trevor Roocke AM (Plains Ward)
Tel: (08) 8667 2210
Fax: (08) 8667 2085
Email: tcroocke@mtr.sa.gov.au

Cr Paul Kretschmer (Forest Ward)
Tel: (08) 8668 4343
Mob: 0428 827 774
Email: prkretschmer@mtr.sa.gov.au

Cr Chris Ryan (Coastal Ward)
Tel: (08) 8634 4445
Mob: 0439 589 909
Email: cwryan@mtr.sa.gov.au

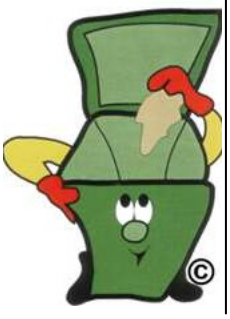
Cr Colin Nottle (Plains Ward)
Tel: (08) 8667 2180
Fax: (08) 8667 2180
Email: cenottle@mtr.sa.gov.au

Cr Peter Jacobs (Ranges Ward)
Tel: (08) 8667 5336
Email: prjacobs@mtr.sa.gov.au

Hire of Wheelie Bins for Community Events

Council has 240L Wheelie Bins available for hire for Community Events. If you have an upcoming event that may require bins, please contact the Council Office for the relevant form or alternatively download from the Council's website.

Once a request for bin hire has been received, arrangements will be made for delivery and collection. For the service to run effectively Council requires the hire request forms to be lodged with a minimum of two weeks notice. Council cannot guarantee availability of bins if insufficient notice is provided.



Once your event has been held, a Tax Invoice will be issued.

For further information, please contact the Council Office.

Please note: For all events in Wilmington, bookings can be made through our agent SJ & JA Wild and you will have to pick up and return the bins.

Dates to Remember

Quarterly payment of rates:
Last Quarter: 14th June 2012

Dog Registration Renewals
Will be mailed out early July.
Payment due: 30th August 2012

Please note change of date for May Council Meeting
Tuesday 15th May 2012

OUR 2020 VISION

The Following is an extract from Council's Strategic Management Plan which covers Council's Objectives, Strategies and Actions in the area of Governance.

GOVERNANCE

Respected, Responsive, Open and Effective Leadership

With visionary, respected and strong leadership, Council will be in a position to successfully develop constructive partnerships with other levels of government and our communities, to ensure our aspirations are met and our futures are secured.

STRATEGIES

1.1 Improve public access to Council meetings, deliberations and decision making processes

1.1.1 Pursue options to hold evening Council meetings
1.1.2 Investigate opportunities to utilise technology to improve public access to Council meetings
1.1.3 Introduce live broadcasting on the internet of Council meetings
1.1.4 Hold Council Meetings in townships throughout the district

1.2 Develop the skills and professionalism of elected members

1.2.1 Ensure that Elected Members receive appropriate and timely training to enable them to fulfil their roles
1.2.2 Foster the use of Information Technology by Elected Members
1.2.3 Ensure levels of allowances, support and other benefits provided to elected members are commensurate with responsibilities
1.2.4 Raise Elected Member's knowledge and appreciation of sustainability and climate change issues

1.3 Implement "Whole of Council" governance (moving away from ward structures to decision-making on a district basis)

1.3.1 Advocate for the introduction of "whole of Council" governance
1.3.2 Conduct appropriate community consultation
1.3.3 Develop and implement new procedures to cater for "whole of Council" governance

1.4 To co-ordinate and undertake civic ceremonial duties and activities

1.4.1 Assist communities to convene and coordinate annual Australia Day functions
1.4.2 Undertake an annual Australia Day Awards process
1.4.3 Actively promote the ideals of citizenship and undertake ceremonies as and when required
1.4.4 Fly Commonwealth, State and Council flags at the Council office on a daily basis and at official Council functions

1.5 Promote a positive image of Council

1.5.1 Promote and foster an organisation that reflects Council's vision, mission and core values
1.5.2 Maintain membership of and active involvement in the Central Local Government Region and associated regional activities and projects
1.5.3 Maintain membership of and active involvement in the South Australian Local Government Association and associated state level activities and projects
1.5.4 Maintain an exceptionally high public profile and encourage proactive media relationships and coverage
1.5.5 Ensure active involvement with and representation on other organisations and groups within the wider community
15.5.6 Promote, actively participate in, and where appropriate, initiate inter-Council and inter-Governmental relations and activities
15.5.7 Actively promote the benefits of being an Elected Member to the wider community
15.5.8 Develop, produce and distribute a regular Council newsletter to the community
15.5.9 Continue to develop, promote, utilise and encourage community use of Council's website
15.5.10 Develop and introduce a media and marketing campaign for Council
15.5.11 Maintain an active and regular program of community information forums
15.5.12 Ensure Council maintains administration and works facilities to contemporary standards
15.5.13 Promote the use of a Council uniform
15.5.14 Investigate the feasibility of running a "youth Council"
15.5.15 Facilitate an award for all school students completing schooling within the district at year 7 and 12 levels

1.6 Be a leading Local Government authority, rather than a follower, which is highly recognised and regarded by other Councils & the State and Commonwealth Governments

1.6.1 Actively participate in, and where appropriate initiate resource sharing investigations, discussions and implementation
1.6.2 Actively participate in the recruitment of professional service providers for the Community as and when required
1.6.3 Undertake regular deputations to State and Federal political representatives
1.6.4 Maintain a high level of legislative awareness and understanding by Council
1.6.5 Regularly investigate and consider possible boundary extensions
1.6.6 At a regional level lead the development and implementation of policy and procedures associated with sustainability and climate control
1.6.7 Regularly report Council's progress in implementing Strategic Management Plan (SMP) goals to stakeholders

1.7 To not only meet, but to excel in satisfying the requirements of the Local Government Act

1.7.1 Annually review and update Council's objectives and policies to ensure they are appropriate and effective
1.7.2 Annually review Council's resource allocations, expenditure and activities, and the efficiency and effectiveness of Council's service delivery
1.7.3 Ensure that Council satisfactorily meets all legislative compliance requirements

Councillor Profile

Cr Chris Ryan **Coastal Ward**

Born in Kingston SE in 1946, Chris spent his early years in the then small fishing village of Robe. His early education was gained at Robe and Lucindale Primary schools, followed by secondary education at Salesian College, Brooklyn Park, Adelaide [a sister school to St Marks in Port Pirie].

On the completion of a Sheetmetal apprenticeship with ERG Industries at Torrensville, Chris worked as a Toolmaker with GMH for several years.

The call of the Opal took Chris on a small mining adventure to Andamooka before he set off to the Territory. It was in Alice Springs where he met and married Linda and embarked on a 20 year career with The Northern Territory Department of Health and Community Services. During this time, Chris gained valuable experience in government procedures, budgeting, operations and policies.

After 10 years in Alice, the family, now with the addition of four boys, moved for Chris to take up a position as Regional Manager in Nhulunbuy, East Arnhem Land. Eight years in Arnhem Land and two more located in Darwin, saw a house built and the purchase of a seaside allotment on Weeroona Island.

Fifteen years later, the boys had drifted away from home pursuing their own successful careers, another house was built and Chris ran for and was successfully elected as Councillor for the Coastal Ward.

Some of Chris's sporting and community commitments activities have included Member Le Fevre Skin Diving Club, Lions Club of Alice Springs - Member and 1980 Camel Cup Chairman, Little Athletics Alice Springs Committee, Nhulunbuy Town Board Member, Gove Game Fishing Club - Publicity Officer, WIPA Member and Public Officer and Weeroona Island Fishing Club Member.

Chris has been surprised at how much of his time is now taken up with Council related matters. To assist Councillors in their role, Chris would like to see some guidelines and flow charts made available to assist ratepayers understand where the Council is at, at any set time, on any given project. This brings in the part of Council's 2020 Vision "Respected, Responsive, Open and Effective Leadership".

Mayor Sandra Wauchope and Chris work closely together on all Coastal Ward decisions. Both Councillors rely heavily on input from residents and ratepayers, and are more than happy to listen to your needs, comments or complaints. Don't forget that Council does have a system available - CQI Reporting, for the reporting and recording of requests, complaints etc. (Visit Council's website: www.mtr.sa.gov.au)

As reported in the Council Newsletter Number 147, the Top Track has been programmed for re-sheeting; Mount Ferguson Drive is well underway; the Port Flinders locality naming ballot is in hand and the hot spots identified as a result of recent heavy rains will be attended to from funds that are remaining from this year's roads allocation.

Kidsafe
CHILD ACCIDENT PREVENTION FOUNDATION OF AUSTRALIA

Button / Disc Batteries

Choking and Poison Risk

It has been estimated that in Australia, four children per week are presented to an emergency department with a button battery related injury.

Button batteries can be found in:

- Watches
- Remote controls
- Hearing aids
- Singing greeting cards
- Calculators
- Flashing toys
- Toys
- Games

The coin sized lithium button batteries can lodge in the throats of children, where saliva immediately triggers an electric current, causing a chemical reaction that can severely burn through the oesophagus in as little as two hours.

Typically when swallowed, a button battery will pass through the body without any complications. However if one gets lodged in the throat there is the potential for some serious injury to occur. Button batteries can be mistaken for coins in x-rays, leading to increased exposure.

If you suspect your child has ingested a button battery:

- Check and clear the airways. If the battery is stuck in the throat there could be a threat to breathing.
- If the battery can't be removed and breathing is normal, call the Poisons Information Centre - 13 11 26 immediately.
- Don't give food or drink and don't induce vomiting.
- Seek medical attention immediately.
- Button batteries may also cause permanent injury when they are placed in the nose or the ears.
- DO NOT use nose or ear drops until the person has been examined by a physician.

Kidsafe SA
Telephone (08) 8161 6318 or
0411 109 369

Council Meeting Updates

Meeting updates are written following each Council meeting and may not reflect follow-up decisions etc.

March Council Meeting
Held Tuesday 17TH April 2012

SELECTION OF ROAD AND PUBLIC PLACE NAMES POLICY -
Invitation for Written Submissions and Comment

An amendment to the *Local Government Act 1999* (the "Act"), commencing on 1 July 2010, requires Councils to prepare and adopt a policy relating to the assigning of road names under section 219 of the Act.

Council endorsed a draft Selection of Road and Public Place Names Policy at the 17th April 2012 Ordinary Meeting of Council to go to public consultation in accordance with Council's Public Consultation Policy. The draft policy is based on relevant Australian Standards and the Model Policy developed by the Local Government Association of SA to meet both the requirements of the Act and to assist in the implementation of the Rural Property Addressing Project. The draft Policy may be viewed at the Council Offices, Stuart Street Melrose or on Council's website www.mtr.sa.gov.au.

Council now invites written submissions on the matter from any interested persons. Submissions are to be forwarded to The Chief Executive Officer, District Council of Mount Remarkable, PO Box 94, Melrose SA 5483 (or delivered to the Council Offices in Melrose) and must be received by 5.00 pm on Thursday 17th May 2012.

ROADS TO RECOVERY 3 PROGRAM
Identification of New Projects

With the two initial Wirrabara projects nearing finalisation, Council put its mind towards assigning the remaining Roads to Recovery funding to new projects. Council confirmed the following allocations:

Dunstan Road, Booleroo Centre	$165,000
Booleroo Centre to Pekina Road	$380,000

Council resolved that the remaining $535,000 be allocated on a 1/7th basis to each Elected Member to prioritise road works within their respective Wards.

BOOLEROO CENTRE MEMORIAL SWIMMING POOL INC. - Financial Support

Council considered a request from Booleroo Centre Memorial Swimming Pool Inc. for financial assistance from Council as part-funding of repairs and refurbishment of the swimming pool surface.
Council resolved to make a cash donation of $16,500 to the Booleroo Centre Memorial Swimming Pool Inc. to be used specifically for the swimming pool surface repair and refurbishment project.

COMMUNITY ASSISTANCE GRANTS

Council approved the following Community Assistance Grant allocations for the 2011 / 2012 financial year:-

Wirrabara Institute Committee 100 Years of Dancing	$500.00
Wirrabara Progress Association Wirrabara Dot Com	$500.00
Wirrabara Bowling Club New Stove	$500.00
Wirrabara Progress Association Market Coffee Shop Renovation	$500.00

WARD CONSTRUCTION PROGRAM - Forest Ward 2011 / 2012

Council endorsed the Ward Works Program for the Forest Ward for the 2011 / 2012 financial year

Next Meeting - Please Note Change of Date

The next Ordinary Meeting of the District Council of Mount Remarkable will be held:

9.30 am
Tuesday 15th May 2012
Council Chambers
Stuart Street, Melrose.

PLACES PEOPLE Remarkable LIFESTYLES

Recycling Reminders:
ITEMS TO RECYCLE INCLUDE:
[These items go into the 240L GREEN Top MGB]
Soft drink bottles; Ice cream containers; Bread bags, Margarine containers; Milk bottles; Buckets; Agricultural pipe; Milk crates; Bleach bottles; Plastic plumbing pipes & fittings; Clear cordial & fruit juice bottles; Garden hoses; Squeeze bottles; Black irrigation tube; Straws; Microwave ware (not Pyrex Glass); Yoghurt containers; Plastic cutlery & cups; Glass bottles & Jars (not mirror glass); Newspaper (not bundled or shredded); Magazines; Writing paper; Cardboard; Phone books; Milk & juice cartons; Steel & aluminium cans (labels left on); Egg cartons, Pizza boxes (empty and clean); Aerosol cans (empty); Shampoo, conditioner & cosmetic bottles; Cleaned plant pots. Please remove all lids & ensure that all items are empty, clean & rinsed.

ITEMS NOT RECYCLABLE INCLUDE:
[These items go in the 140L RED Top MGB]
Ceramics; Crockery; Terracotta; Broken glass; Motor oil containers (empty); Clothing; Pyrex & mirror glass; Light bulbs, Nappies; Sponges; Cleaning cloths; Clothing; Linen; Fabric; Plastic bags, foam, polystyrene; Hot drink cups; Takeaway foam trays / containers; Cling wrap; Chip packets; Pens; Chocolate & sweet wrappers; CD's, DVDs, Memory cards, video & audio tapes; Alkaline batteries; Paint cans; String, rope & wire netting; Green waste (it is preferable for this to be composted).

COMMUNITY & ECONOMIC DEVELOPMENT UPDATE

BOOLEROO CENTRE MAIN STREET GETS A FACELIFT

Residents of the town and travellers to Booleroo Centre will have noticed a lot of activity in Stephens Street in recent months.

Subsequent to the design of a Master Plan and the production of engineering drawings Council, assisted by the community, has started the implementation phase and a radical transformation of the street to a vibrant and people friendly public space is taking shape.

The intersection of Arthur Street and Stephens Street represents the primary focus of the town as it marks the commercial and historic centre. The character and local history of the town's new streetscape is designed to enhance the town and build upon rather than reproduce the local historic character.

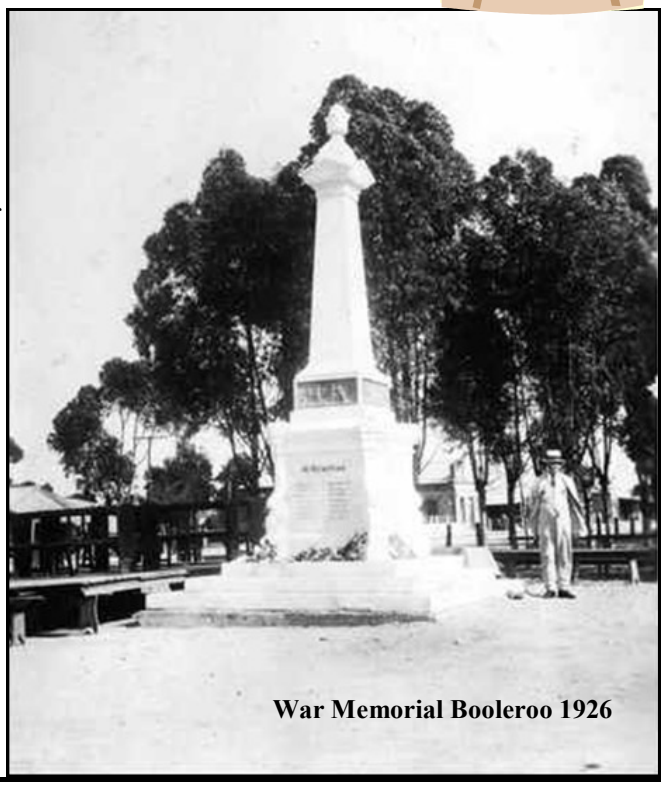
Following the removal of ageing trees, the War Memorial has once again regained a prominent position at the heart of the precinct and two stone walls, made from reclaimed local stone kindly donated by the community, have been constructed to showcase the Memorial.

Paving has started and the assistance of the First Wirrabara Scouts and the Booleroo Centre Men's Shed has been invaluable. The irrigation work has been completed and a native garden is being established using the expertise of the local Nursery. A 'dwarf kikuyu' lawn has also been rolled out and Rosemary has been planted at the front of the Memorial as a reminder of the sacrifices of Australian soldiers. Commemoration plaques will be placed on the stone walls in the near future.

The work would not have been possible without the assistance of the Community and Council is grateful for the help given so far and hopes this cooperation will continue in the future. If people want to register their interest, the Booleroo Centre Post Office is maintaining a register, please see Malcolm or Betty.

This is the first phase of the streetscape and work will be ongoing in the next few months.

Finally, it is impossible to thank all the people who have helped with the project so far through voluntary work, working bees and donations of materials, but Council would like to particularly thank Robbie Robinson, who has worked tirelessly towards this project, bringing expertise, encouragement and sheer hard work to make it possible.



War Memorial Booleroo 1926

Disaster Resilience Update

Climate Change

Climate and weather variability has shaped human occupation in the Flinders Shared Services District for at least 15,000 years, according to archaeological and other scientific literature. The last 170 years of European settlement has also been a battle against the adversity of almost anything that nature can throw at people, according to both history and science.

While developing the Community Emergency Risk Management Plans for the four local Councils of Flinders Shared Services, it was part of the overall objectives to take into account Climate Change. As the climate changes, different weather events are predicted to become more common. More droughts, extreme heat, storms, and floods, are predicted by the Commonwealth Science and Industry Research Organisation (CSIRO) and the Bureau of Meteorology (BOM), as well as the Inter-governmental Panel on Climate Change (IPCC), reporting to the United Nations.

This has an impact on how Councils can best plan for the future, in terms of Disaster Resilience and Emergency Management. It also has an impact on the delivery of Emergency Services.

Though transport technology improvements, as well as the automation of agriculture, have all had impacts, the ruins of towns and villages evident across the Shared Services District bear testimony to the variability in the weather and climate of the area. Doctor David Bell, archaeologist and historian, wrote in the year 2000:

> *"It is not rainfall in its statistically simplest form, the annual average, that has had most impact on European settlement of the Upper North* **(of S.A.)**. *Rather it is the deviations from that average, the cycles of prolific rain - which the early settlers of the Upper North convinced themselves, were normal -followed inevitably by years of drought, that have shaped the economy and the way of life of the region for 160 years."*

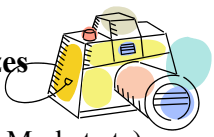
- The Flinders Ranges Council has the ruins and remains of Kanyaka and Wilson, among others.
- The District Council of Mount Remarkable has the locations of Bruce and Hammond.
- The District Council of Orroroo – Carrieton has the locations of Eurelia, Johnburg and Black Rock.
- The District Council of Peterborough has the locations of Dawson, and the much reduced village of Yongala.

All these locations, former towns and villages have a rich history, and in particular, a history of human life being affected by extreme weather and other emergencies.

Hammond General Store *(DRPO 2012)*

Stuart Mawbey
Disaster Resilience Project Officer

Wirrabara Producers Market
Photography Competition - Cash Prizes



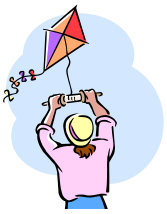
Theme: 'Market'
(People, Produce, the Wirrabara Market etc)
Categories: Primary; Secondary; Open
Size: A4
Submit to: Jackie Curtis, Box 19 Wirrabara SA 5481, or Southern Flinders Orchards on Market Day

Include your name, category and address.

Photos will be accepted up to and including the October Market. Photos will be displayed and the winner announced at the November Market.

Community Announcements

Annual Kite Day



The Weeroona Island Progress Association wish to advise that the Annual Kite Day that was to be held on the first Sunday of May has unfortunately been postponed.

A future date is yet to be decided.

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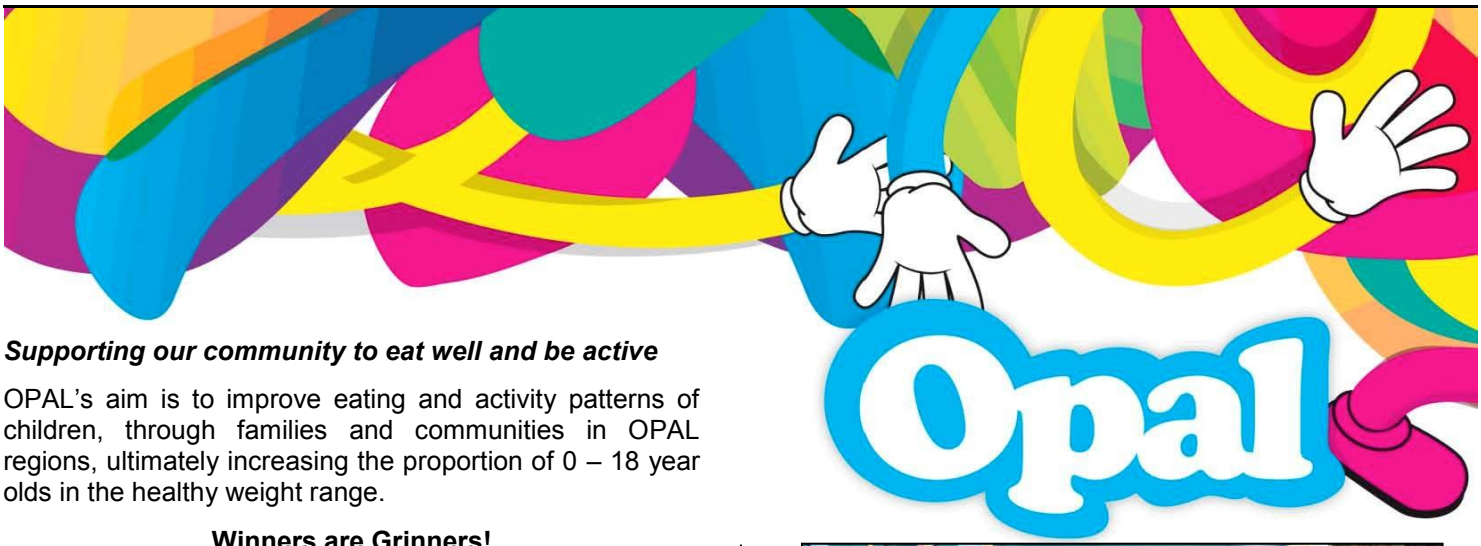
Mount View Homes - Social Afternoon

2.00 pm - *Tuesday 8th May*
Entertainment by Jimmy Johnson

2.00 pm - *Tuesday 12th June*
Entertainment by Cactus Martin

A lovely afternoon tea will be provided.
A small donation would be greatly appreciated, although not expected.

OPAL



Supporting our community to eat well and be active

OPAL's aim is to improve eating and activity patterns of children, through families and communities in OPAL regions, ultimately increasing the proportion of 0 – 18 year olds in the healthy weight range.

Winners are Grinners!

Congratulations to the District Council of Mount Remarkable, winners of the Inaugural OPAL Council Challenge.

On Saturday 14th April, the OPAL team attended the Laura Folk Fair and encouraged the public to Think Feet First by using pedal power to blend up free healthy smoothies on behalf of their nominated Council region. Representatives from all three local OPAL Councils attended the site to drum up support and take part in the smoothie challenge – ***which Council will be first to blend 50 smoothies?***

Over 200 children, parents and grandparents visited the OPAL site throughout the day, many jumping aboard Smooth Revolution, the bike that blends! Using physical activity to create a delicious, fresh and healthy food option was great fun and proved to be a very successful way for OPAL to promote the message of healthy active living.

The District Council of Mount Remarkable was well supported by its Mayor, Sandra Wauchope, and became the winners of the day, blending up their 50 smoothies in the fastest time.

Ciaan Eylward from Cummins was delighted to be the winning rider, nominating her Raspberry Banana Crush smoothie to the District Council of Mount Remarkable.

Well done District Council of Mount Remarkable and thank you to everyone who came and visited the OPAL site. It was a great day of fresh, fun activity.

Our new focus…

With our Introductory launches now complete, your local OPAL team will be focussing on supporting your community to:

Think Feet First - Step, Cycle or Scoot to School

Each year OPAL will have annual themes to provide new information about healthy eating and physical activity. The theme information will help you make healthy choices in your life, and encourage you in creating supportive environments for positive community change.

Keep an eye out for our colourful **Think Feet First** posters in your local community and take the opportunity to ***think feet first*** yourself whenever you can.

To find out more or be involved,
visit www.opal.sa.gov.au or give us a call.
Emma Young
OPAL Program Manager
Tel: (08) 8666 2014 Mob: 0488 090 303

Government of South Australia
SA Health

Australian Government

District Council of Mount Remarkable

NORTHERN AREAS COUNCIL

Amalgamated 1997

MID NORTH be active

STARCLUB DEVELOPMENT PROGRAM

17 Mid North Sporting Groups have registered and commenced using the STARCLUB Club Development Program. Congratulations to the BMW Football Club, BMW Netball Club and Wirrabara Murray Town Cricket Club from this area for reviewing the resource.

What is a STARCLUB?

A STARCLUB is a well-run club where quality coaches and officials work alongside valued volunteers in a safe and welcoming environment.

The STARCLUB – Club Development Program (STARCLUB) is an initiative of the South Australian Office for Recreation & Sport and is all about continuous improvement and ongoing development.

By measuring your club against the STARCLUB criteria, you are on the way to providing the best environment possible for your members and the wider community.

Complete the STARCLUB online version at www.recsport.sa.gov.au where you'll find more resources and links to help your club/association to achieve it's goals.

Please note: Clubs/Associations seeking funding through the Office for Recreation & Sports Active Clubs Program - preference will be given to applicants that have completed STARCLUB or have registered with STARCLUB. However satisfying the criteria will not guarantee receipt of funding.

For more information contact your local Mid North *be active* Field Officer:

Daniel Lawlor
Phone: 8633 8725
Mobile: 0488 101 783
Email: beactive@pirie.sa.gov.au
Website:
www.midnorthbeactive.com.au

Coming Soon to the Mid North.....

REGISTER YOUR COMMITTEE NOW FOR "COMMITTEE INDUCTION TRAINING"

Being on a Committee for Recreation and Sport Clubs

(new and existing Club Committee Members)

This workshop is based on the new Office for Recreation and Sport Committee Member Induction Essentials Pack, with the facilitator bringing practical examples and strategies to give the text some life. The Mid North STARCLUB *be active* Field Officer Program is pleased to provide you with this new resource to assist in increasing the effectiveness of your club committee.

The pack outlines the essential information for committees, including roles and responsibilities, legal and moral obligations, board processes, managing the relationship with volunteers and stakeholders and guidance on conducting an induction process.

Essential for new committee members and a great refresher for existing committee members, this presentation will cover an overview of the pack contents, key points to note and tips and hints about increasing the effectiveness of your committee.
The workshop will be facilitated by experienced Community Presenters from the Office for Recreation and Sport. These Community Presenters have been selected as they have professional skills and practical and professional experience in the recreation and sport industry.

Outcomes for Attendees:

- Learn more about the roles and responsibilities of committee members
- Take home a copy of the Committee Member Induction Essentials Pack to support you with your committee member role
- Understand how your club can support its committee members
- Pick up hints about how to make your job as a committee member easier
- Learn how to make your club a STARCLUB

TRAINING & DEVELOPMENT OPPORTUNITIES

Course	*Date*	*Venue*
Child Safe Officer's Course	3rd May 2012 6.30 pm - 9.30 pm	Sir Hubert Wilkins Building Jamestown Airport
Governance & Financial Reporting	16th May 2012	Port Football & Community Sporting Club, Port Pirie

GRANTS & FUNDING

Program	*Closing Date*	*For More Info*
Mid North be active Small Support Subsidy (max $400)	Ongoing	Mid North *be active* Field Officer
Local Sporting Champions	30th June 2012	www.ausport.gov.au/champions

Community News

Asbestos And the Home Renovator

Does Your House Contain Asbestos?

The most accurate way to find out if your house contains asbestos cement products or any other asbestos-containing material (ACM) is to have it inspected and tested by a competent person. You can't tell by looking at it!

As a guide, asbestos cement products made before the mid to late 1980s may also be found in the home, including water drainage pipes, flue pipes, pipe lagging, roofing shingles, guttering, vinyl tiles, underlay and vinyl floor covering. It is always best to have suspect products tested to be sure of what they are from.

All forms of asbestos are divided broadly into two groups: *friable* and *non-friable*.

Friable asbestos is any material that contains asbestos and is in the form of a powder or can be easily crumbled, pulverised or reduced to powder by hand pressure when dry. Examples include, but are not limited to insulating rope on old oven doors, asbestos insulation, asbestos fire blankets.

Non-friable asbestos, also referred to as 'bonded asbestos', is any material that contains asbestos in a bonded matrix. It may consist of cement or resin/binders and cannot be crushed by hand when dry. Examples include, but are not limited to, asbestos cement fences, roof shingles, 'fibro' cladding.

The use of all forms of asbestos is banned in Australia (ban introduced 31st December 2003), with only a few very specific exemptions.

What Are The Risks?

Breathing in asbestos fibres may lead to the development of lung cancer, pleural plaques, pleural thickening, asbestosis and mesothelioma. Your health is not necessarily at risk if you find that your home or workplace contains materials made from asbestos. Studies show these products, if left undisturbed and in reasonable condition, do not necessarily present a significant health risk.

If the asbestos fibres remain firmly bound in a solid matrix, you generally do not need to remove the ACM. Even weathered asbestos roofing may not release airborne fibres unless disturbed or handled in a way that damages the material. Health problems tend to occur when people are unaware of the hazards of working with ACM. The key is to guard against and prevent exposure.

Safe Work Procedures

For South Australian workplaces, there are Asbestos Regulations (under the *Occupational Health, Safety and Welfare Act 1986)* for the identification, registering and handling of ACM.

There is no legal requirement for individual homeowners to have a licence to remove ACM from their own property. However, due to the risk of exposure during removal, it is strongly recommended that you engage a licensed asbestos removal contractor to remove any friable asbestos and use the same precautionary measures as for removal of non-friable asbestos.

It is also recommended that a licenses asbestos contractor remove the underlay to vinyl sheet floors, as the asbestos is often in a friable form and this presents a greater risk of asbestos exposure.

A licensed asbestos removal contractor is not **required on a worksite**:

- To remove insulation material that consists of or contains asbestos, or other friable ACM, for the purpose of carrying out maintenance or repair work, where:
  i) the material to be removed does not extend more than 1 metre in any direction from the place of maintenance or repair
  ii) the total amount of material to be removed does not cover more than 0.5 square metre.

A licensed asbestos removal contractor **must be used** to remove asbestos-cement (fibro) products or other non-friable ACM that covers more than 10 square metres.

Safety Procedures & Control Measures

Prepare for the task:

- Find out about asbestos disposal requirements.
- Gather equipment - personal protective equipment (PPE) including disposable coveralls, laceless boots or shoe covers, P1 or P2 disposable respirator / dust mask (Australian Standards Approved) and disposable gloves.
- Inform those who may be affected e.g. Neighbours
- Prepare the area - turn off power if required, clear away objects, cover drain holes, size your drop sheets, use barrier tapee to restrict work area (if required), fill spray bottles with water.

Suit up

- Put on your PPE, disposable respirator / dust mask and ensure you wear the respiratory protection correctly and put the respirator on first, so it can come off last.

For more information contact the Environment Protection Authority on Free Call 1800 623 445 or websites: www.epa.sa.gov.au or www.safework.sa.gov.au

May 2012

= ***RECYCLING DAY***

Sunday	*Monday*	*Tuesday*	*Wednesday*	*Thursday*	*Friday*	*Saturday*
Wirrabara Craft House *Open 7 days from 9am – 5pm*		*1* Mobile Library @ Wilmington & Melrose Port Germein CFS Training Port Germein Comm Ladies Fellowship	*2*	*3* Mobile Library @ Wirrabara, Murray Town & Appila	*4*	*5*
6 Port Germein Community Church	*7* Wirrabara Institute Committee. Meeting Melrose Show Society Meeting Booleroo CFS Vehicle Maint & Comm Meeting	*8* Wirrabara Men's Bowls Meeting Laura & District Probus Meeting Mt View Homes Social Afternoon	*9* Murray Town Progress Association Meeting CYH Clinic Booleroo Centre Booleroo Steam & Traction Pres Soc	*10* Wirrabara Progress Meeting Mobile Library @ Port Germein	*11* Mobile Library @ Booleroo Centre	*12*
13 Port Germein Community Church Port Germein Villiage Country Roast	*14* Booleroo SES Training Wilmington CFS Meeting	*15* **Council Meeting** **Deadline – Council Newsletter articles** Mobile Library @ Wilmington & Melrose Port Germein CFS Training	*16* Wirrabara Senior Citizens	*17* Mobile Library @ Wirrabara, Murray Town & Appila Booleroo Centre Comm Dev & Tourism	*18* Booleroo Diabetes Special Interest Group	*19*
20 Port Germein Community Church Wirrabara Producers Market	*21* CFS Training - Melrose, Booleroo & Wilmington Wirrabara Sporting Reserve Meeting	*22*	*23*	*24* Mobile Library @ Port Germein	*25* Mobile Library @ Booleroo Centre	*26*
27 Port Germein Community Church	*28* Port Germein CWA Meeting Booleroo SES Training	*29* Mobile Library @ Wilmington and Melrose	*30*	*31* Mobile Library @ Wirrabara, Murray Town & Appila	***Wilmington Progress Society's Art / Craft / Produce and Tourist Information Centre*** *– Saturdays & Sundays from 10am – 4pm Billiard Clubrooms.*	

June 2012

= ***RECYCLING DAY***

Sunday	*Monday*	*Tuesday*	*Wednesday*	*Thursday*	*Friday*	*Saturday*
Wilmington Progress Society's Art / Craft / Produce and Tourist Information Centre *Saturdays & Sundays from 10am – 4pm* *Billiard Clubrooms*				***Wirrabara Craft House*** *Open 7 days from 9am – 5pm*	*1*	*2*
3 Port Germein Community Church	*4* Wirrabara Institute Committee Meeting Melrose Show Society Meeting Booleroo CFS Vehicle Maint & Comm Mtg	*5* Port Germein Community Ladies Fellowship Port Germein CFS Training	*6*	*7* Mobile Library - Port Germein	*8* Mobile Library - Booleroo Centre	*9*
10 Port Germein Village Roast Port Germein Community Church	*11* **Queen's Birthday** Wilmington CFS Meeting Booleroo SES Training	*12* **Council Meeting** Wirrabara Men's Bowls Meeting Mobile Library - Wilmington/Melrose Laura & District Probus Meeting Mt View Homes Social Afternoon	CYH Clinic *13* Booleroo Centre Booleroo Steam & Traction Pres Society Murray Town Progress Meeting 	*14* Wirrabara Progress Meeting Mobile Library - Wirrabara/Murray Town/ Appila 	*15* **Deadline for Newsletter articles** Booleroo Diabetes Special Interest Group	*16*
17 Wirrabara Producers Market Port Germein Community Church	*18* Wirrabara Sporting Reserve Meeting CFS Training Booleroo Wilmington Melrose	*19* Port Germein CFS Training	*20* Wirrabara Senior Citizens	*21* Mobile Library - Port Germein Booleroo Centre Community Development & Tourism Meeting	*22* Mobile Library - Booleroo Centre	*23*
24 Port Germein Community Church	*25* Port Germein CWA Booleroo SES Training	*26* Mobile Library - Wilmington/Melrose	*27* 	*28* Mobile Library - Wirrabara/Murray Town/ Appila 	*29* **School Term Ends**	*30*