



NORTHERN PASSENGER TRANSPORT NETWORK VOLUNTEER NEWSLETTER

APRIL EDITION

Melrose received a new Toyota Camry in March. Could all volunteer drivers please take note that the handbrake is not the traditional pull lever but a foot pedal which operates by pressing to apply the handbrake and pressing to release the handbrake.

FIRST AID BOXES

Thank you to those people who checked the first aid boxes in each car to record what items were missing or out of date. We have advised the WHS Officer who will provide these items for distribution to each car.

FLU SEASON

Well here we are in Autumn with Winter fast approaching and the beginning of flu season. For those of you who get an annual flu shot now is the time to check with your local medical centre. Whilst NPTN cannot provide financial reimbursement for this cost it is obviously a worthy expense to keep you healthy throughout winter.

EASTER

Easter is fast approaching, so for those people braving the roads over the Easter break please take care. Please be advised that NPTN will be closed on Friday 3rd April and Monday 6th April over this Easter period.

MOBILE PHONE

When calling the NPTN Office please disregard the mobile phone and call the office direct on 8666 2255. We have found by using the mobile phone in the office that this has not resulted in any savings. The NPTN mobile phone will be now disconnected.

NEW POLICY

Volunteers Client Non-Response Policy (See Attachment)

This document gives Volunteers the knowledge of how to respond when clients can not be contacted.

By following the Non-Response chart volunteers have clear direction of procedures when clients can not be contacted.

ROAD RULES QUIZ

Test your skills

The following quiz provided a bit of amusement for staff, comparing who is up to date with the road rules. If you've got 5 minutes to spare, type in the following link and have a go and see what score you get.



<http://mylicence.sa.gov.au/road-rules/road-rules-quiz>

If you are receiving this Newsletter by email you can click on the link above.



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"Volunteers don't get paid because their worthless, but because they're priceless."

Volunteer Meetings

Orroroo - 9am
17 April

Jamestown - 1pm
17 April

Quorn - 10:30am
27 April

Peterborough - 10:40am
17 April

Gladstone - 2:30pm
17 April

Melrose - 1pm
27 April

MANUAL HANDLING PRACTICES

Assisting Clients to Sit:

- * Before assisting a client to sit, make sure the seat is stable.
- * Encourage the client to stand right in front of the seat with the back of their legs touching the edge of the seat.
- * Encourage the client to slowly lower themselves down to the surface of the seat without dropping themselves down.



Assisting Clients to Stand:

- * When you are assisting a client from a sitting to a standing position, you should position yourself in front of the client. Their feet should be slightly apart and placed just underneath the seat.
- * Ensure you have the client's permission to provide physical assistance.
- * You can guide the person by placing one hand in front of the closest shoulder and one hand behind the shoulder blade on the same side of the client's back whilst you are in a squat or lunge position.



WET WEATHER DRIVING

With winter just around the corner its time to think about how this affects driving. The road conditions can change dramatically in an instant due to the wet and dewy days we will be experiencing.

It doesn't take too much to lose your traction on a wet road, especially in the city where there are all sorts of oils at intersections. This can add less grip between you and the roads surface. Take care and travel safely in wet conditions.

HEALTH VAN

The Health Van has recently been put through an assessment with the WHS Officer Carolyn Lock and Lyn Forster. This also involved the assistance of a client who is wheelchair bound and testing how easy it was to load and unload him.

After driving around with the client on board in his wheelchair it was recommended that he be moved away from the back tyre for a smoother ride and easier access for fitting anchor straps.

FIGURES—FEBRUARY

Trips:	44
Kilometres:	12,360
Hours:	256

SUPPORTING BODIES

Thank you to the following Councils and Government departments for the work and assistance throughout each and every year. We appreciate it!

