



NORTHERN PASSENGER TRANSPORT NETWORK VOLUNTEER NEWSLETTER

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June 2017

Free Flu Vaccines

The 2017 National Immunisation Program (NIP) seasonal influenza (flu) vaccines are being distributed around the country.

The vaccination is free under the NIP for anyone aged 65 years and over.

The flu can have severe consequences for you. Talk to your local doctor about getting your flu Vaccine today.



More information about vaccinations for older Australians is available on [Immunise Australia website](#).

Introduction of New Staff Member

Northern Passenger would like to introduce Leanne Tripodi as our newest office staff member. Leanne has recently returned to live in Melrose.

Please introduce yourself when the opportunity arises.



We welcome Leanne to the Northern Passenger Team.

Sharing The Road and Overtaking

Unsafe overtaking is something drivers see all too often and it causes many of the fatal car crashes. People can become impatient behind large or slow vehicles on hills and the open road when there a few passing opportunities.

Some people take a very large risk for only a few seconds gain.

Allow plenty of room. Pass quickly but safely and pull back in, when you can see both headlights of the vehicle in the rear view mirror. This allows a safe space, to pull in.

Do not overtake unless:

- You can see there is no oncoming traffic.
- You can see no bend or dips ahead that may be obscuring oncoming traffic.
- It is safe and legal to pass.
- Do not overtake a turning vehicle.
- Do not go above the legal speed limit.

It is important to avoid being pressured into overtaking by other following vehicles. Keep your cool and if necessary pullover and let them pass.

Don't be pressured with passengers offering advice, you are in control of the vehicle.

Don't panic about not meeting the appointment time, always allow plenty of time when negotiating and accepting the trip.

Thought For The Day

Driving involves risk, and safe drivers aim to reduce and manage their risk by making good decisions and taking responsibility for their behaviour when driving.

Volunteer Meeting

ORROROO
9am on Friday 16 June

PETERBOROUGH
10.40am on Friday 16 June

JAMESTOWN
1.00pm on Friday 16 June

GLADSTONE
2.40pm on Friday 16 June

QUORN
10.30am on Monday
29 June

MELROSE
1.00pm on Monday 29 June

Supporting Bodies



Driving under the influence

Remember zero tolerance of Blood Alcohol concentration for all Northern Passenger Volunteers.

If a person drives, or attempts to drive a vehicle while under the influence of an intoxicating liquor or drugs (either prescription or illicit) is not capable of effectively controlling the vehicle, and is guilty of an offence.

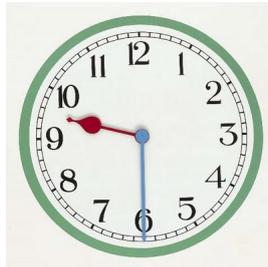
- If you have had a night of heavy drinking, you may be over the limit for much of the next day - the more you drink, the more time you must allow before driving.
- Having a few friends over for a long lunch and a few beers to watch the footy might put you over the limit. Do NOT drive if there is any doubt. Don't put yourself or clients at risk!

Only time reduces your Blood Alcohol Concentration level

Taking cold showers, going for a run, drinking black coffee, drinking water, getting fresh air or a having a big meal Will NOT help to reduce your Blood Alcohol level.

If you have been drinking, you have to allow time for the alcohol in your bloodstream to reduce before you drive.

Caution: Drinking any sort of soft drink or water is illegal while driving. Eating anything while driving is also illegal, pull over before taking a sip or take a bite of a snack.



Only time will reduce blood alcohol concentration

Unwelcome Pests

Just a reminder, that mice are on the rise again, so can you please check under the bonnet of our cars for any sign of damage to wiring.

Contact the office if you notice anything so we can have it fixed ASAP.



Figures for April

Car Bookings

Trips: 242 + 28 Carers
Total outputs:
270 by car
Kilometres: 10,704
Volunteer Hours: 245

Bus Bookings taken

Medical Bus:
40 clients + 12 carers
Social Bus:
163 clients

Queens Birthday

Queen Elizabeth II is the constitutional monarch of 16 sovereign states and the Supreme Governor of the Church of England.



She was born on 21 April 1926 but her birthday is celebrated on a separate date. She has been Queen since 1952 and is currently the second-longest reigning British monarch, the longest being Queen Victoria who reigned for 63 years. In Australia, the monarch's birthday has been celebrated, every year since the First Fleet arrived in 1788.

Northern Passenger will be closed 12th June for the public holiday for the Queen's Birthday.