



NORTHERN PASSENGER TRANSPORT NETWORK VOLUNTEER NEWSLETTER

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OCTOBER 2020



Thank You Barbie

Barbara Graham Sutton (Barbie) started driving for Northern Passenger Transport in June 2012.

Over the years Barbie drove locally and notched up 12,400 Km's and dedicated 364 volunteer hours to Northern Passenger.

Barbie has always been willing to help and attended all volunteers training and functions held by NPTN.

She became a favourite to many regular elderly clients and always made time for a cuppa tea and a chat.



Are You Drinking Enough Water?

How much water is enough? Did you know that water is released through breath and perspiration everyday? The body needs to have enough water to keep things consistently hydrated, especially in summer.

If you don't consume enough water it can lead to dehydration which can result in headaches and can affect your concentration.

You need to have a minimum of two litres per day.

Try to avoid coffee or soft drinks because the sugar can cause you to become dehydrated.

Increase your water intake during extreme heat or humid conditions.



20 Year Birthday Celebration

A huge thank you to everyone who has responded to come and celebrate Northern Passenger's 20 years of providing volunteer transport.

The invitation is for a morning tea, being held at the Melrose Institute on Saturday the 31st of October.

If you need transport to attend, contact the office and we will organise a car pool.

Anyone still wanting to attend please call 8666 2255 by Friday the 9th of October for catering purposes.

It's Holiday Time

Many volunteers are planning on holidays, before the summer hits.

Please let the office know if you are going to be unavailable in the next month or so.



Christmas Closure

During December and January of each year we have a closure period where the cars are unavailable in order to give volunteer drivers a break.

This years closure dates are 18th of December to the 11th January.

The office will close on 18th of December and reopen on the 4th of January. There will be no buses running over this period.

Any booking taken before the closure, will continue to occur as per normal. Any volunteers willing to be contacted over the Christmas period, please let the staff know in the event of an emergency.



"Not how long, but how well you have lived is the main thing." — **Seneca**

Supporting Bodies



Remembrance Day

Remembrance Day is celebrated each year on the 11th day of November at 11.00am.

It's time to remember the fallen soldiers for their sacrifices and heroism across all theatres of war since the Great War of 1914 - 1918.

With gratitude and humility that we thank those men and women who gave their all for our country.

To commemorate their heroic deeds we observe a minute silence at 11am, the time that the guns fell silent across Europe marking the end of the First World War in 1918.

At this time we also acknowledge and show our appreciation for the many thousands of soldiers currently on active duty and our sincere thanks to them and their extended families.



"We will remember them"

Save The Date

It's that time of year again, Christmas is fast approaching.

Once again, this year there will be a Christmas lunch for all volunteers and partners and the NPTN committee members.



This year the function will be in Jamestown on the Friday 4th of December. Watch this space for time and venue.

This will be the last volunteer gathering for the year, to celebrate all your tireless efforts.

No Volunteers Meetings

There will be no volunteers meeting held in December and January.

But don't wait until the next volunteers meeting if you have an issue, just ring the office on 8666 2255 and speak to a staff member to resolve the situation.

Annual Report

Recently Northern Passenger Transport compiled its 2019/2020 Annual Report for all stake holders. If anyone would like a copy of the report please contact the office for a hard copy or one can be emailed to you.

FIGURES FOR AUGUST CAR TRIPS

Trips 256 including carers
Total Kilometres: 15,292
Total Volunteer Hours: 339.30

FIGURES FOR AUGUST BUS BOOKINGS

Medical bus 37 including Carers
Social 196

Total bus bookings 233

VOLUNTEER MEETINGS

October 16th 2020

Orroroo 9.00am Hospital Meeting Room
Peterborough 10.30am Hospital Meeting Room
Jamestown 1.00pm Council Chambers
Gladstone 2.30pm Anglican Church Hall

October 26th 2020

Quorn 10.30am Council Chambers
Melrose 1.00pm Council Chambers